



PO Box 120 Ballarat 3353 ABN 32 113 662 144

www.ballaratlittleathletics.com.au

Club President: Shane Bicknell

Secretary: Jo Edwards

11/12 Newsletter Edition 11 – 04/2/12

Our Mission - "To be a professionally run club which promotes participation in athletics and provide a framework for continual improvement of all members in a safe, inclusive and family oriented environment."

Our Vision - "To be a successful club with a strong and engaged membership achieving personal development as athletes and people."

Our Values - * Personal Development, * Participation, * Equality, * Enjoyment, * Building friendships

From the President – Welcome back. Hope everyone is recharged and revived and ready to take on 2012. Or not. It can be tough getting back in the routine of work and school. Remember all the reasons why you signed on for Little Aths in the first place. We have just six rounds to go until Presentation Day and lots of great competition to look forward to. That's all from me for now and please feel free to provide me with any feedback and ideas via shane@bicknell.com.au

Points to remember - \$2 per athlete for track hire to be paid at "Parents Hub" Please ensure at least one parent/carer is present for the program.

STATE RELAY CHAMPIONSHIPS

Congratulations to all athletes for their effort at the State Relays in Melbourne last Saturday. Also a big thank you to the Team Managers for the work they put in organizing and training their teams.

We had one of our best results, winning 1 gold, 2 silver and 2 bronze medals. We also had 3 fourth placings and the U10 girls made the final of the 4 x 100m.

Our medalists were -

U13-U15 Boys Medley- Gold

Jesse Fullerton
Oliver Edwards
Tom Scott
Bailey Squire

U15 Mixed sex 4 x 200- Silver

Liam Procaccino
Stuart Aberdein
Anna-Maria Rice
Holly Dobbyn

U15 Mixed sex 4 x 100- Silver

Liam Procaccino
Reece La haye
Anna-Maria Rice
Holly Dobbyn

U13-U15 Girls Medley- Bronze

Holly Dobbyn
Ashlea Bylsma
Kiara Caddick
Grace O'Dwyer
Natalya Hall-Dekleva

U14 Mixed sex 4 x 100- Bronze

Oliver Edwards
River Robson
Ashlea Bylsma
Jenna Cartledge

Attention.....Attention.....Attention.....Attention...

There are a number of items of loan equipment not yet returned, including 8 sets of blocks !

If you have borrowed any equipment, particularly blocks, could they please be returned this week.



Bakery Hill

ATHLETE'S FOOT AWARD:

Each week The Athlete's Foot Award is donated by **The Athlete's Foot in the Bridge Mall** and is presented to an Athlete who has achieved excellent results in an area of athletics, (and who has not received the award in recent years). This week the award goes to Amy Canavan who broke the U/10G 800m Centre record in a time of 2.53:16, to the great delight of the spectators who were cheering her on. Well done, Amy!

McDONALD'S ENCOURAGEMENT AWARDS –

McDonald's Bakery Hill donate encouragement awards each week to one person in each age group. Congratulations to this week's winners and you can collect your certificates from the canteen.

Under 7 Girls	Harriet Frdelja	Under 7 Boys	James Skelton
Under 8 Girls	Leah Canavan	Under 8 Boys	Leo Taylor
Under 9 Girls	Amber Braybrook	Under 9 Boys	Luke Zuell
Under 10 Girls	Eden Squire	Under 10 Boys	William Van Es
Under 11 Girls	Hannah Kate Nolan	Under 11 Boys	Joshua Sargent
Under 12 Girls	Hannah Walker	Under 12 Boys	Bayley Drummond
Under 13 Girls	Cleo Anderson	Under 13 Boys	Nathan Jones
Under 14 Girls	Jenna Cartledge	Under 14 Boys	Damon Severino
Under 15/16 Girls	Anna Maria Rice	Under 15/16 Boys	Jack Birmingham

DATES TO REMEMBER

5th Feb	Maryborough Open Day	Gillies St, Maryborough
11th & 12th Feb	Ballarat Gift Modified Program (Rnd 13)	Eureka Stadium
18th Feb	NO PROGRAM	
19th Feb	Regional Track & Field Championships	Llanberris
24th, 25th & 26th Feb	AV Youth T & F Championships	Albert Park
25th Feb	Normal Program (Rnd 14)	Llanberris

THE BALLARAT GIFT – 11th & 12th February at Eureka Stadium

The Ballarat Gift incorporates Little Athletics races each year and takes the place of our normal program. This year the Ballarat Athletic Club is organising the Dash for Cash - \$5 per event. More details can be found on our website -

www.ballaratlittleathletics.com.au - Update 28.

If you haven't got your entry in, please see John Jones in the Tom Roberts pavilion Saturday.

or send the following details to

john.jones@sro.vic.gov.au

- 1 - Athlete name,
- 2 - Events to be entered in (any or all of 100m, 400m, 800m),
- 3 - Age on 11/2/12

Special Mention

Hannah White had 5 PBs in our last round. Well done Hannah!

Check out our website at www.ballaratlittleathletics.com.au for results, events and our photo gallery. (<http://www.flickr.com/photos/43346494@N08>). Weekly results of competition are also published in the Ballarat Courier (normally Wednesday).

